

We Only Live Once - Easy

Count: 32 **Wall:** 4 **Level:** Beginner
Choreographer: Lene Mainz Pedersen, (DK) Feb. 2015
Music: We Only Live Once – Shannon Noll

Intro: 32 Count from Vocals - No Tags! No Restarts!

Sec.: 1. Walk Fw R,L, Mambo, Walk Back L,R, Coaster

1 – 2 Walk fw R, L.
3 & 4 Rock fw R, recover on L, Step back on R.
5 – 6 Walk back L,R.
7 & 8 Step back on L, Step R beside L, Step fw on L.

Sec.: 2. Step Lock Step Lock Step X 2

1 – 2 Step fw on R to R diagonal, Lock L behind R.
3 & 4 Step fw on R, Lock L behind R, Step fw on R.
5 – 6 Step fw on L to L diagonal, Lock R behind L.
7 & 8 Step fw on L, Lock R behind L, Step fw on L.

Sec.: 3. Cross Rock, Chassé, Cross Rock Chassé ¼ Turn

1 - 2 Cross Rock R over L, recover on L.
3 & 4 Step R to R side, step L beside R, step R to R side.
5 - 6 Cross Rock L over R, recover on R.
7 & 8 Step L to L side, step R beside L, Make ¼ turn L stepping fw on L.

Sec.: 4. Cross Point R, L, Jazz Box.

1 - 4 Cross R over L, Point L to L side, Cross L over R, Point R to R side.
5 – 8 Cross R over L, Step back on L, Step R to R side, Step fw on L.

Happy Go' Lucky ☺

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