# This Is Me



Count:	64	Wall:	4	Level: Improver
Choreographer:	Yvonne	e Ander	son,	Scotland, July 2013
Music:	This Is	Me Mis	sing	You by James House [iTunes]

#### Notes:-

Start on main vocal, restart during wall 5 (see notes below).

To finish facing forward...music ends during wall 8, dance through to count 32, then:-Step L forward make <sup>1</sup>/<sub>4</sub> turn right taking weight on R, Step L across right, hold and smile tah dah!

#### [1-8]STEP SIDE, TOUCH R&L, SIDE SHUFFLE RIGHT, TOUCH

- 1-2 Step R to right, Touch L toes beside right [12]
- 3-4 Step L to left, Touch R toes beside left [12]
- 5-8 Step R to right, Step L beside right, Step R to right, Touch L toes beside right [12]

#### [9-16]STEP TOUCH L&R, SIDE SHUFFLE 1/4 turn LEFT, HOLD

- 1-2 Step L to left, Touch R toes beside left [12]
- 3-4 Step R to right, Touch L toes beside right [12]
- 5-8 Step L to left, Step R beside left, Make ¼ turn left stepping L forward, Hold [9]

#### [17-24]FULL TRIPLE TURN (travels forward) FORWARD MAMBO with SWEEP

1-4 Make a full turn left (travels forward) stepping R, L, R, Hold [9]

#### (non-turning alternate...right shuffle forward, hold)

5-8 Rock L forward, Recover weight on R, Step L back, Sweep R out and around [9]

# [25-32]STEP BACK, SWEEP, STEP BACK, SWEEP, COASTER STEP, HOLD

- 1-4 Step R back, Sweep L out and around, Step L back, Sweep R out and around [9]
- 5-8 Step R back, Step L beside right, Step R forward, Hold [9]

# [33-40]STEP, ½ TURN RIGHT, STEP, HOLD, SIDE ROCK, RECOVER, CROSS, HOLD

- 1-4 Step L forward, Make <sup>1</sup>/<sub>2</sub> turn right taking weight on R, Step L forward, Hold [3]
- 5-8 Rock R to right, Recover weight on L, Step R across left, Hold [3]

# [41-48]SIDE ROCK RECOVER, CROSS, HOLD, SIDE, BEHIND ¼ TURN RIGHT, HOLD

- 1-4 Rock L to left, Recover weight on R, Step L across right, hold [3]
- 5-8 Step R to side, Step L behind right, Make <sup>1</sup>/<sub>4</sub> turn right stepping R forward, Hold [6]

# \*\*\*Restart: during wall 5, dance up to count 47, Step L beside right, begin again from count 1, facing 6 o'clock

# [49-56]STEP 3/4 TURN RIGHT, BEHIND, 1/4 SIDE, FORWARD, HOLD

- 1-4 Step L forward, Make ½ turn right taking weight on R, Make ¼ turn right stepping L to left, Hold [3]
- 5-8 Step R behind left, Make <sup>1</sup>/<sub>4</sub> turn left stepping L to side, Step R forward, Hold [12]

# [57-64]MAMBO 1/2 TURN LEFT HOLD, STEP 1/4 TURN TOUCH HOLD

- 1-4 Rock L forward, Recover weight on R (preparing to turn), Make ½ turn left stepping L forward [6]
- 5-8 Step R forward, Make ¼ turn left taking weight on L, Touch R toes beside left, Hold

#### REPEAT