SWING LOW SWEET CHARIOT

Count: 32   **Wall:** 2   **Level:** beginner/intermediate
Choreographer: Jo Thompson Szymanski
Music: Swing Low Sweet Chariot by Scooter Lee

Wait for the slow vocal intro, then there will be 8 heavy beats, start on the word "swing"

TRIPLE RIGHT, ROCK BACK, RECOVER, TRIPLE LEFT, ROCK BACK, RECOVER

1&2	Step right foot to right side, step together with left foot, step right foot to right side
3-4	Rock back with left foot, replace weight forward to right foot
5&6	Step left foot to left side, step together with right foot, step left foot to left side
7-8	Rock back with right foot, replace weight forward to left foot

DIAGONAL, TOUCH, KICK BALL CHANGE, DIAGONAL, TOUCH, KICK BALL CHANGE

1	Step right foot forward to right diagonal
2	Touch ball of left foot beside right, keep weight on right foot

The diagonal step on count 1 can be a slightly larger step for emphasis

3&4	Kick left foot forward, rock back with ball of left, recover weight forward to right foot
5	Step left foot forward to left diagonal
6	Touch ball of right foot beside left, keep weight on left foot

The diagonal step on count 5 can be a slightly larger step for emphasis

7&8	Kick right foot forward, rock back with ball of right, recover weight forward to left foot

During the above 8 counts, keep your body facing forward

FORWARD ROCK, BACK ROCK, TWO ¼ TURNS LEFT

1-2	Rock forward with right foot, recover weight back to left foot
3-4	Rock back with right foot, recover weight forward to left foot
5-6	Step forward with right foot, turn ¼ left, shift weight to left foot
7-8	Step forward with right foot, turn ¼ left, shift weight to left foot

WALK FORWARD 3 STEPS, KICK AND CLAP, BACK 2, COASTER STEP

1-3	Step forward with right, step forward with left, step forward with right
4	Kick forward with left foot, clap hands and say whooo!
5-6	Step back with left foot, step back with right foot
7&8	Step back with left foot, step together with right, with left foot, step forward and slightly across in front of right

REPEAT