

Messed Up In Memphis

Count: 64 **Wall:** 4 **Level:** Intermediate Country 2 step

Choreographer: Dee Musk (UK) (May 2010)

Music: 'Messed Up In Memphis' Darryl Worley – Album – Sounds Like Life CD Single 160bpm

64 Count Quick Beat Intro – Start on Vocals - Approx 24 secs – 3 mins 50 secs

SIDE TOUCH, TOUCH OUT TOUCH IN, SIDE TOUCH, TOUCH OUT TOUCH IN.

- 1,4 Step L to L side, touch R beside L, touch R to R side, touch R beside L.
5,8 Step R to R side, touch L beside R, touch L to L side, touch L beside R. (12 o'clock).

SCISSOR CROSS HOLD, ROCK ¼ TURN L STEP HOLD.

- 1,4 Step L to L side, close R beside L, cross step L over R, hold count 4.
5,8 Rock R out to R side, recover making a ¼ turn L, step forward on R, hold count 8. (9 o'clock).

FULL TRIPLE TURN R HOLD, STEP TOUCH STEP KICK.

- 1,4 Travelling forward make a triple turn R stepping L, R, L hold count 4.
(Easier Option shuffle forward stepping L,R,L hold count 4).
5,8 Step forward on R, touch L toe behind R, step back on L, kick R forward. (9 o'clock).

BACK STEP LOCK STEP HOLD, ROCKING CHAIR.

- 1,4 Step back on R, cross step L over R, step back on R, hold count 4.
5,8 Rock back on L, recover weight to R, rock forward on L, recover weight to R. (9 o'clock).

•Restart here during wall 4, begin again facing 12 o'clock wall.

SCISSOR CROSS HOLD, SIDE BEHIND ¼ TURN R HOLD.

- 1,4 Step L to L side, close R beside L, cross step L over R, hold count 4.
5,8 Step R to R side, cross step L behind R, make a ¼ turn R stepping forward on R, hold count 8. (12 o'clock).

STEP ½ TURN STEP R HOLD, ½ TURN L TOUCH, ½ TURN L BRUSH.

- 1,4 Step forward on L, make a ½ turn R, step forward on L, hold count 4.
5,8 Make a ½ turn L stepping back on R, touch L toe beside R, make a ½ turn L stepping forward on L, brush R forward, (6 o'clock).

MAMBO FORWARD HOLD, SAILOR ¼ TURN L HOLD.

- 1,4 Rock forward on R, recover weight to L, step back on R, hold count 4.
5,8 Make a sailor ¼ turn L cross stepping L behind R, step R to R side, step forward on L, hold count 8 (3 o'clock).

STEP ½ TURN STEP L, HOLD, ½ TURN R TOUCH, ½ TURN R BRUSH.

- 1,4 Step forward on R, make a ½ turn L, step forward on R, hold count 4.
5,8 Make a ½ turn R stepping back on L, touch R toe beside L, make a ½ turn R stepping

forward on R, brush L forward. (9 o'clock).

Restart

During wall 4, dance up to and including section 4 then begin again facing the 12 o'clock wall.

Have Fun Luv Dee xx

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