Black & Blue



Count: 64 Wall: 2 Level: Intermediate / Advanced

Choreographer: Neville Fitzgerald & Julie Harris (June 2012)

Music: Black & Blue by Paloma Faith. Album: Fall to Grace (iTunes)

Starts on Vocal (8 Counts)

Side, Behind, 1/4, Forward, Together, Back, Together 1/2, Step 1/2 1/4.

1-2&	3
1 20	forward on Left.
3&4	Step forward on Right, step Left next to Right, step back on Right.

Step Left foot to Left side, cross step Right behind Left, make 1/4 turn to Left stepping

&5 Step Left next Right, make 1/2 turn to Right stepping forward on Right.

Step forward on Left, pivot 1/2 turn to Right, make 1/4 turn to Right stepping Left next

to Right. (12:00)

Back, Lock, Rock, Walk, Walk, Cross, Side, Behind, Behind ¼, Step, 1/2, 1/4, Cross.

8&1	Step back on Right, lock Left over Right, rock back on Right.
. .	

2-3 Walk forward on Left- Right.

Cross step Left over Right, step Right to Right side, cross step Left behind Right as

you sweep Right out to side.

Cross step Right behind Left, make 1/4 turn to Left stepping forward on Left , step 6&7

forward on Right.

Make 1/2 turn to Right stepping back on Left, make 1/4 turn to Right stepping Right to

Right side, step Left forward & across Right. (7:30).

Back Rock Step, Cross 1/4 Back, Back Rock Step, 3/8, 1/4, Cross Side.

2&3 Back Rock on Right, recover on Left, Step forward on Right (Still diagonal).

Cross step Left over Right, make 1/4 turn to Left stepping back on Right, step back on

Left (4:30)

6&7 Back rock on Right, recover on Left, Step forward on Right(still diagonal).

Make 3/8 turn to Right stepping back on Left, make 1/4 turn Right stepping Right to &8&1

Right side, cross Left over Right, step Right to Right side. (12:00)

Back Rock Side, Back Rock Side, Behind 1/4 Step, 1/2.

2&3 Rock back on Left, recover on Right, step Left to Left side .
4&5 Rock back on Right, recover on Left, step Right to Right side.

Cross step Left behind Right, Make 1/4 turn to Right stepping forward on Right, step

forward on Left.

8 Make sharp 1/2 pivot turn to Right (weight on Left).

Rock & Step, 1/4 Rock & Step, Out Out, Ball Cross, Side Rock Cross.

1&2 Rock back on Right, recover on Left, rock back on Right (anchor step).

Make 1/4 turn to Left as you Rock back on Left, recover on Right, rock back on Left 3&4

(anchor step).

Step Right out to Right side, step Left out to Left side, step Right next to Left, cross

step Left over Right.

&8& Rock Right to Right side, recover on Left, cross step Right over Left

Side, Behind, 1/4, 1/4, Back Rock 1/4, 1/2, Step 1/2, 1/4 Sweep.

1 Step Left to Left side.

Cross step Right behind Left, make 1/4 turn to Left stepping forward on Left, make 1/4

turn to Left stepping Right to Right side.

4&5 Rock back on Left, recover on Right, make 1/4 turn to Right stepping back on Left.

6 Make 1/2 turn to Right stepping forward on Right.

7&8 Step forward on Left, pivot 1/2 turn to Right, make 1/4 turn to Right as you sweep and

lift up with Left foot. **

Cross Shuffle, Sweep, Back Side Cross, Sweep, Back 1/2 Step 1/4 Cross.

1&2 Cross step Left over Right, step Right to Right side, cross step Left over Right.

3-4&5 Sweep cross step Right over Left. Step back on Left, step Right to Right side, cross

step Left over Right.

6 Sweep cross step Right over Left.

7&8 Step back on Left, make 1/2 turn to Right stepping forward on Right, step forward on

Left.

&1 Pivot 1/4 turn to Right, cross step Left over Right.

Forward Rock, Behind Side Cross, Forward Rock Behind 1/4.

2-3 Rock forward diagonally on Right, recover back on Left

4&5 Cross step Right behind Left, step Left to Left side, cross Right over Left.

6-7 Rock forward diagonally on Left, recover on Right.

Cross step Left behind Right, make 1/4 turn to Right stepping forward on Right. (1)

Left to Left side to start again)

Dance Up To & Including Count 8 Section 6 on Wall 3.. Then Restart Dance From Beginning

^{**} Restart: Wall 3 After 48 Counts.