

Count: 48 **Wall:** 4 **Level:** Beginner level

Choreographer: Bracken Ellis & Linda Ellis (USA) May 06

Music: Born to Be Alive by Patrick Hernandez

[Intro:32 counts](#)

**CROSS ROCK, SHUFFLE SIDE, CROSS ROCK,
SHUFFLE SIDE**

- 1-2 Rock R across (in front of) L; Recover to L [[12:00](#)]
3&4 Step R to R side; & Close L next to R; Step R to R side
[\[12:00\]](#)
5-6 Rock L across (in front of) R; Recover to R [[12:00](#)]
7&8 Step L to L side; & Close R next to L; Step L to L side
[\[12:00\]](#)

JAZZ BOX WITH 1/4 TURN, JAZZ BOX WITH 1/4 TURN

- 1234 Step R across (in front of) L; Step L back; Make 1/4 turn R
and step R forward; Step L forward [[3:00](#)]
5678 Step R across (in front of) L; Step L back; Make 1/4 turn R
and step R forward; Step L forward [[6:00](#)]

POINT, FORWARD, POINT, FORWARD, POINT, BACK, POINT, BACK

- 1234 Point R to R side; Step R forward (slightly across L); Point L
to L side; Step L forward slightly across R) [[6:00](#)]
5678 Point R to R side; Step R back (slightly behind L); Point L to
L side; Step L back (slightly behind R) [[6:00](#)]

POINT, TOUCH, FORWARD, TOUCH, POINT, TOUCH, FORWARD, TOUCH

- 1234 Point R to R side; Touch R next to L; Step R forward; Touch
L next to R [[6:00](#)]
5678 Point L to L side; Touch L next to R; Step L forward; Touch
R next to L [[6:00](#)]

FORWARD ROCK, COASTER STEP, FORWARD ROCK, SHUFFLE HALF TURN

- 1-2 Rock R forward; Recover to L [[6:00](#)]
3&4 Step R back; & Step L next to R; Step R forward [[6:00](#)]
5-6 Rock L forward; Recover to R [[6:00](#)]
7&8 Make 1/2 turn L and step L forward; & Close R next to L;
Step L forward [[12:00](#)]

FORWARD ROCK, COASTER STEP, FORWARD ROCK, SHUFFLE QUARTER TURN

- 1-2 Rock R forward; Recover to L [[12:00](#)]
3&4 Step R back; & Step L next to R; Step R forward [[12:00](#)]
5-6 Rock L forward; Recover to R [[12:00](#)]
7&8 Make 1/4 turn L and step L to L side; & Close R next to L;
Step L to L side [[9:00](#)]