



Rock & Roll King

Choreographed by **Rachael McEnaney (UK/USA) (December 2014)**

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Description: 64 Counts, 4 wall, Improver level
Music: "Rock and Roll Is King" – Electric Light Orchestra. (available on itunes) Approx 3.08 mins
Count In: 32 counts from start of track, begin on vocals Approx 160 bpm
Notes: Thank you to my daddy for suggesting the track ☺
Tags: There are 2x 4 count tags after 32 counts (toe struts) on walls 3 and 6, see notes below. Also, the 8th wall the music stops for 1 or 2 counts – KEEP DANCING all the way until the end ☺

Section	Footwork	End Facing
1 - 8	L side, R together, L side, R touch, R side, L touch, L side, R touch	
1 2 3 4	Step L to left side (1), step R next to L (2), step L to left side (3), touch R next to L (4)	12.00
5 6 7 8	Step R to right side (5), touch L next to R (6), step L to left side (7), touch R next to L (8)	12.00
9 - 16	R side, L together, ¼ turn R, ½ turn R with L hitch, L back, ½ turn R with R hitch, R fwd, L hitch	
1 2	Step R to right side (1), step L next to R (2),	12.00
3 4	Make ¼ turn right stepping forward R (3), make ½ turn right on ball of R as you hitch L knee (4)	9.00
5 6	Step back L (5), make ½ turn right on ball of L as you hitch R knee (6)	3.00
7 8	Step forward R (7), hitch L knee (8)	3.00
17 - 24	L fwd mambo, hold, R back rocking chair	
1 2 3 4	Rock forward L (1), recover weight R (2), step back L (3), hold (4)	3.00
5 6 7 8	Rock back R (5), recover weight L (6), rock forward R (7) recover weight L (8)	3.00
25 - 32	R back toe strut, L back toe strut, R back toe strut, L back, R together	
1 2 3 4	Touch R toe back (1), drop R heel to floor (2), touch L toe back (3), drop L heel to floor (4),	3.00
5 6 7 8	Touch R toe back (5), drop R heel to floor (6), step back L (7), step R next to left (8)	3.00
TAG	Wall 3 begins facing 6.00, do the 4 count tag below then restart facing 9.00 Wall 6 begins facing 3.00, do the 4 count tag below then restart facing 6.00 1-4: Step forward L (1), clap hands twice (2&), step forward R (3), clap hands (4)	
33 - 40	L shuffle fwd, R brush, ¼ turn R with clap, ½ turn L with clap	
1 2 3 4	Step forward L (1), step R next to L (2), step forward L (3), brush R next to L (4)	3.00
5 6	Make ¼ turn right stepping forward R (<i>slightly bent knee</i>) (5), clap hands (6), <i>Note: The next step is ½ turn left so this is only a slight turn to right – you could think of it as a step to right side and clap hands to right.</i>	6.00
7 8	Make ½ turn left stepping forward L (<i>slightly bent knee</i>) (7), clap hands (8)	12.00
41 - 48	R stomp (toe in), R toe fan out-in-out, L stomp across R, L side, R stomp across L, R side	
1 2	Stomp forward R (<i>slight bent R knee and turn R toe in</i>) (1), fan R toe out to right side (2)	12.00
3 4	Fan R toe in towards L (3), fan R toe out to right side (<i>weight needs to be on right</i>) (4)	12.00
5 6	Stomp L forward and slightly across R (5), step L to left side (6),	12.00
7 8	Stomp R forward and slightly across L (7), step R to right side (8)	12.00
49 - 56	L fwd, ½ turn R with shoulder shimmy, R lock step fwd, hold (or brush)	
1 2 3 4	Step forward L (1), make ½ turn right as you shimmy shoulders for 3 counts (<i>weight remains on L</i>) (2,3,4)	6.00
5 6 7 8	Step forward R (5), step L next to R (<i>slightly behind R</i>) (6), step forward R (7), hold (<i>or brush L</i>) (8)	6.00
57 - 64	L jazz box with ¼ turn L, L weave (L side, R behind, L side, R cross)	
1 2 3 4	Cross L over R (1), make ¼ turn left stepping back R (2), step L to left side (3), cross R over L (4)	3.00
5 6 7 8	Step L to left side (5), cross R behind L (6), step L to left side (7), cross R over L (8)	3.00

START AGAIN - HAPPY DANCING ☺

Please do not alter this step sheet in any way. If you would like to use on your website please make sure it is in its original format.
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